

Connect Group Studies



'Bringing God and people together'

Discipleship: Five ways to change your life.

This study is designed for you to do on your own if your group is not meeting over the holiday period.

What's your New Year's resolution? Does God want you to come up higher in one of these five areas? Just choose one. Read the scriptures for that topic, maybe just read 2 or 3 verses each day this week. Take time to think and pray about each verse. Perhaps one verse will stand out as significant for you. You might like to write it out and place it where you'll see it regularly. Let the Holy Spirit help you keep God's word in mind and show you how to apply it to your life, as you wait for God to change you from the inside out. Remember Jesus is standing in the gap, praying for you.

The Mind

Our thoughts start small like seeds but can grow over time and eventually take root. Weed out negative thoughts and become deeply rooted in God's unconditional love.

What's Been on Your Mind Lately?

We tend to follow where our thoughts lead us. If you want to do amazing things for God, your thoughts should lead you in that direction. Transform your thoughts and actions.

Read what the Bible says:

Psalm 139:1-4, Proverbs 3:5-6, Proverbs 23:7, Romans 8:6, Romans 12:2, 2Corinthians 10:5, Ephesians 4:22-24, Philippians 4:8, 2 Timothy 1:7

The Power of Words

Our words have the ability to either build up or tear down. The tongue has amazing power. You can bring God glory - just by changing your words.

Be Careful What You Say

Did you ever say something you wish you could take back. Learn to think no evil and speak no evil.

Read what the Bible says:

Psalm 19:14, Psalm 34:13, Psalm 141:3, Proverbs 10:11, Proverbs 15:1, Proverbs 16:23, Proverbs 18:21, Isaiah 50:4, 55:11, Matthew 12:34-37, Eph 4:29, 1 Peter 3:10

The Power of Simple Prayer

Many believers struggle with prayer, but God wants us to come to Him and ask for the desires of our heart. Discover the power of an enthusiastic prayer life.

Simple Prayer...Simple Life

Prayer is simpler than we sometimes make it. Reduce stress substantially by going to God in prayer and trusting Him for everything you need.

Read what the Bible says:

Ezekiel 22:30, Job 22:27, Zechariah 10:1, Psalm 2:8, Psalm 34:4, Psalm 34:15, Psalm 145:18-19, Isaiah 55:6, Matthew 18:19, Luke 18:1, John 16:24, Romans 8:26, 1Thessalonians 5:17, Hebrews 6:18

Walking in Love

Love is what draws us closer to God and each other. Loving God must translate into loving others. With practice we can maintain a consistent attitude of love.

Begin a Revolution of Love

What if everyone loved a little more each day? Get passionately inspired to develop a lifestyle of loving people on purpose. God wants to show His love through you!

Read what the Bible says:

Deuteronomy 10:12, Mark 1:41, John 13:34, Ephesians 4:1-2, Ephesians 5:2, Colossians 3:12-14, 1John 4:7-8, 1John 4:12, 1John 4:17-19

Managing Your Emotions

Do your circumstances seem to control your emotions? Stay focused on the God you serve, rather than the pressure He's allowing you to experience in life. Don't feel condemned about your feelings, but act in line with the character of God, rather than reacting to how you feel.

Emotional Health

When we're filled up in the spirit, we can face anything that comes our way. Learn how to stay emotionally healthy under pressure by accepting God's will for our emotions.

Read what the Bible says:

Psalm 7:9, Psalm 27:10, Psalm 30:5, Psalm 34:18, Psalm 42:5, Psalm 51:8, Psalm 51:12, Psalm 94:13, Psalm 147:3, Romans 8:8, Romans 12:15, Philippians 4:11, Colossians 3:10, Hebrews 4:15-16

**Topic titles from Joyce Meyer series "Conversations"*