

Small Group Studies



'Bringing God and people together'

1st Principles

To help build strong and balanced people

Study 1: Building a Strong Foundation

Q How well equipped do you feel you are to handle the struggles of life?

One of the greatest and most important things that we can do as believers is to be sure that we have a solid foundation to our faith. If we are to be built up in our faith then it is important for there to be a sturdy, permanent and solid base for us to be built upon. Our lives are like buildings and the Bible tells us the kind of foundations upon which our lives should be built. Our building a solid foundation depends upon hearing God's Word and acting upon it.

"Therefore everyone who hears these words of mine and puts them into practice is like the wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock. But everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand. The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash" Matt. 7:24-27

Q Why do you think that foundations are important?

Christ has provided a Sure Foundation for you *God's solid foundation stands sure, sealed with this inscription: The Lord knows those who are his, and. "Everyone who confesses the name of the Lord must turn away from wickedness." Christ is God's solid foundation that stands sure.*

2 Tim.2:19 -20

Q What are some foundations that will hold and sustain us through adversity?

Q What are some of the poor foundations that stop people reaching their potential?

Faith is the connection to your foundation While Christ is the sure foundation, it is only of benefit to us when we live like Abraham and have an active faith. This will bring things like life, strength, relationship with God and fruitfulness into our midst. Our lives will also take on a greater balance where everything will find its rightful place. God wants us to have a momentum and direction in life that is not so much controlled by prevailing circumstance or feeling. Remember that we need to hear the Word of God and do it.

Q What does it mean to live by faith?

The reason that many Christians do not grow is that they have little or no understanding of the basics of their faith. A Christian is to have a good foundation.

Q what changes can you personally work on in the light of this study?

For Further Reading See: Rom.4:18-23, 1 Cor.3:11 - 14, Eph.2:19 - 22